

**THE EXPANDED FOOD AND NUTRITION
EDUCATION PROGRAM (EFNEP)**

**2012 National Coordinators'
Conference**
EFNEP: FACING NEW FRONTIERS
February 20 – 23, 2012

Washington Marriott Wardman Park
2660 Woodley Road, NW,
Washington D.C. 20008

CONFERENCE PLANNING COMMITTEE

Our Appreciation

We would like to express our sincere appreciation to the 2012 National Conference Planning Committee members for all of the time and energy they committed to making this conference a success!

Thank you,

Connie Schneider, University of California – ANR
Dorothy Wilson, Langston University
Joan Paddock, Cornell University
Jovita J. Lewis, Auburn University
Kristopher Grimes, Kentucky State University
Scottie Misner, University of Arizona
Sue Letourneau, University of Minnesota
Wanda Lincoln, University of Maine
Wanda M. Koszewski, University of Nebraska-Lincoln
Stephanie Blake, USDA-NIFA (co-chair)
Sylvia Montgomery, USDA-NIFA (co-chair)

Conference Agenda

Monday, February 20th

☞ AM: Educational Visits with Partners and Stakeholders

Pre-Conference Meetings:

- 1-4pm: 1890 Coordinator Meeting (Wilson A)
- 5-6pm: New Coordinator Meeting (Harding)
- 5:30pm: 2012 National Conference Planning Committee Meeting (Wilson Foyer)

5:00pm: Registration (Wilson Foyer)

6:00pm: Opening Reception (Wilson B)

6:30pm: Brief Welcome/Introduction of New Coordinators (Wilson B)

Tuesday, February 21st

7-9am: Continental Breakfast (Balcony CD)

Registration (Wilson Foyer)

9:30am: Opening Remarks, Ice Breaker (Wilson B)

9:45am: Session I: National Update – Current Status of EFNEP: Progress and Priorities (Wilson B)

11:00am: Break

11:15am: Session II: NIFA Panel – EFNEP on the Forefront (Wilson B)

12:30pm: Lunch (Balcony CD)

1:30pm: Session III: Leaping into the Future with Web-NEERS (Wilson B)

3:00pm: Break (Wilson B)

3:30pm: Physical Activity Demonstration (Wilson B)

Session III: Cont'd (Wilson B)

5:00pm: Closing Video, Adjourn

☞ PM: **North East Region Dinner** (see Wanda Lincoln, University of Maine, for details)

☞ PM: **Western Region Dinner** (see Mary Wilson, University of Nevada, for details)

☞ PM: **1890 Dinner** (see Kena Torbert, Fort Valley State University, for details)

Wednesday, February 22nd

☞ **AM: Southern Region Breakfast** (see Lorelei Jones, North Carolina State University, for details)

7-9am: Continental Breakfast (Balcony CD)

9:00am: Optional Morning Warm-up (Wilson B)

9:30am: Opening Remarks, Ice Breaker (Wilson B)

9:45am: Session IV: Youth Evaluation (Wilson B)

11:00am: Break

11:15pm: Session IV: Cont'd (Wilson B)

12:00pm: Session V: Regional Business Meetings

12:30pm: Lunch (Balcony CD)

1:30pm: Session VI: Break-Out Sessions A

- A1: Using Social Media to Reinforce EFNEP Concepts (Wilson B)
- A2: Clients: How to Get Them and How to Keep Them (Harding)

2:30pm: Break

3:00pm: Session VII: Break-Out Sessions B

- B1: Energizers: Physical Activity for Nutrition Education (Wilson B)
- B2: Navigating the EFNEP/SNAP-Ed Relationship (Harding)

4:00pm: Physical Activity Demonstration (Wilson B)

4:15pm: Session VIII: Group Discussion, Summary of Break-outs (Wilson B)

5pm: Closing Video, Adjourn

☞ **PM: North Central Region Dinner** (see Wanda Koszewski, University of Nebraska-Lincoln, for details)

Thursday, February 23rd

7-9am: Continental Breakfast (Balcony CD)

9:00am: Optional Morning Warm-up (Wilson B)

9:30am: Session IX: New MyPlate Resources (Wilson B)

10:00am: Session X: National Wrap-up: Keeping EFNEP at the Forefront (Wilson B)

10:45am: Break

11:00am: Session XI: Committee Updates: A Frontier for Program Sustainability (Wilson B)

12:00pm: Session XII: EFNEP: Facing New Frontiers (Wilson B)

12:30pm: Closing Remarks, Formal Agenda Concludes

☞ **PM: Educational Visits with Partners and Stakeholders**

Session Details:

Tuesday, February 21st	
	<p><u>Ice Breaker</u> <i>Elaine Freaney, EFNEP Coordinator, Prairie View A&M University</i></p>
<u>Session I:</u>	<p><u>National Update: Current Status of EFNEP: Progress and Priorities</u> Helen Chipman, National Program Leader from NIFA will share an Update about the status of current initiatives (New Policy Document, Formula Grant Opportunity, etc.), our progress over the past year, and National Priorities for the coming year. <i>Helen Chipman, National Program Leader, USDA-NIFA (presenter)</i></p>
<u>Session II:</u>	<p><u>NIFA Panel: EFNEP on the Forefront</u> Hear from NIFA Administrators as they share their vision and direction for the future of EFNEP. Don't miss this opportunity to network with NIFA staff and Administrators and to ask the questions you've wanted answers to regarding the National perspective of EFNEP. <i>Helen Chipman, National Program Leader, USDA-NIFA (moderator)</i> <i>Ralph Otto, Deputy Director for Food and Community Resources, USDA-NIFA (panelist)</i> <i>Dionne Toombs, Director, Division of Nutrition, USDA-NIFA (panelist)</i></p>
<u>Session III:</u>	<p><u>Leaping into the Future with Web-NEERS</u> Clemson University will share an overview and demonstration of the new web-system. We will also hear an update from the Behavior Checklist Project. After the demo, participants will have an opportunity to consider ways to capture new data points – Environmental Settings and Sectors of Influence. <i>Stephanie M. Blake, Program Specialist, USDA-NIFA (moderator/presenter)</i> <i>Gail Hanula, EFNEP Coordinator, University of Georgia (presenter)</i> <i>Jason Eichelberger, Interim Director of IT, Clemson University (presenter)</i></p>
	<p><u>Physical Activity Demonstration</u> <i>Wanda Lincoln, State Program Coordinator, Eat Well Nutrition Education Program, University of Maine</i></p>
	<p><u>Closing Video</u> Video Title: ICAN Portraits Project <i>Kari Bachman, EFNEP Coordinator, New Mexico State University</i></p>

Wednesday, February 22nd

Optional Morning Warm-up

Megan Ness, EFNEP/FNP Program Coordinator, North Dakota State University

Ice Breaker

Sue Snider, Professor, University of Delaware

Session IV:

Youth Evaluation

Ben Chamberlain, Michigan State University and Heli Roy, Louisiana State University will discuss the youth evaluation workgroup approach to the challenges of documenting behavior change in youth. Recommendations for the youth evaluation process will be shared. Round table discussion of implementation strategies and integration of evaluation processes with NEERS is planned.

Ben Chamberlain, Associate Program Leader, SNAP-Ed & EFNEP, Michigan State University (presenter)

Heli Roy, Associate Professor, Louisiana State University (presenter)

Session V:

Regional Business Meetings

This will be an opportunity for each region to get together to talk about the upcoming year, share updates and discuss other business.

Session VI:

Break-Out Sessions A

A1: Using Social Media to Reinforce EFNEP Concepts

Conference attendees will be able to describe how to implement social media to reinforce the teaching concepts EFNEP implements in order to increase behavior change with clientele.

Ellen Schuster, Associate State Specialist, Family Nutrition Education Program, University of Missouri (moderator)

Ashley Fondren, EFNEP Coordinator, Mississippi State University and Co-Chair of Family, Food and Fitness Community of Practice (speaker)

A2: Clients: How to Get Them and How to Keep Them

Conference attendees will be able to: list two or more new recruiting ideas to take back to share with their colleagues, and list two or more new retention ideas to take back to share with their colleagues.

Donnie Love Cook, Health and Nutrition Specialist, Alabama A&M University (moderator)

Linda Melcher, Nutrition Education Consultant, Self-Employed (speaker)

Eunice Bonsi, Associate Professor, College of Agriculture, Environmental and Nutritional Sciences, Tuskegee University (panelist)

Linda Drake, Nutritionist & EFNEP Director, University of Connecticut (panelist)

Joyce McDowell, Associate Professor, Dept of Human Nutrition and Leader, Comm.

Nutrition Program/EFNEP & SNAP-Ed, OSU Extension, The Ohio State University (panelist)

Karen Barale, State EFNEP Leader and Extension Educator, Washington State University (panelist)

<p><u>Session VII:</u></p>	<p><u>Break-Out Sessions B</u></p> <p><u>B1: Energizers: Physical Activity for Nutrition Education</u> Join us for a lively session and learn how to include physical activity into every lesson plan using Energizers. These easy to use activities reinforce nutrition messages and require little staff training or supplies. <i>Betsy Johnson, Extension Educator, University of Minnesota Extension (speaker)</i></p> <p><u>B2: Navigating the EFNEP/SNAP-Ed Relationship</u> Session participants will hear panel members who coordinate both EFNEP and SNAP-Ed or only one program and examine the programs’ similarities, differences, and pros/cons of having one or two coordinators. Through interacting with session colleagues, strategies for synergy, advocacy, and compliance will be developed. <i>Leslie Speller-Henderson, Assistant Professor, SNAP-Ed & EFNEP Coordinator, Tennessee State University (moderator)</i> <i>Roxie Dinstel, State EFNEP/ANEP Professor, University of Alaska, Fairbanks (panelist)</i> <i>Lisa Sullivan-Werner, SNAP-Ed and EFNEP Leader, University of Massachusetts (panelist)</i> <i>Maria Carmen Lambea, Project Director, EFNEP, The Ohio State University (panelist)</i></p>
	<p><u>Physical Activity Demonstration</u> <i>Sue Letourneau, Program Leader of Health and Nutrition, University of Minnesota</i></p>
<p><u>Session VIII:</u></p>	<p><u>Group Discussion, Summary of Break-outs</u> During this time, reporters from our four breakout sessions will cover the major points, discussion topics, and questions that were delivered or raised during the particular session. This will be an opportunity for the entire audience to learn about sessions they were not able to attend. A brief time of Q&A will follow. <i>A1: Debra Garrard, Nutrition Education Program Coordinator, Oklahoma State University (reporter)</i> <i>A2: Caryl Johnson, Program Supervisor 4-H family and Consumer Sciences Program, University of the Virgin Islands (reporter)</i> <i>B2: Linda Gossett, State EFNEP Coordinator, University of Idaho (reporter)</i> <i>B1: Mary Wilson, Extension Nutrition Specialist, University of Nevada, Reno (reporter)</i></p>
	<p><u>Closing Video</u> Video Title: Animoto II – Successful Partnerships <i>Mira Mehta, Director, Maryland EFNEP, University of Maryland, College Park</i></p>

Thursday, February 23rd

	<p><u>Optional Morning Warm-up</u> <i>Kimberly Klinger, Program Coordinator FNP/EFNEP, University of Florida</i> <i>Jennifer Walsh, Nutrition Education Coordinator, FNP/EFNEP, University of Florida</i></p>
<u>Session IX:</u>	<p><u>New MyPlate Resources</u> A brief overview of new MyPlate resources and materials from the Center of Nutrition Policy and Promotion (CNPP). <i>Jackie Haven, Director, Nutrition Marketing and Communications Division, USDA-CNPP (speaker)</i></p>
<u>Session X:</u>	<p><u>National Wrap-up: Keeping EFNEP at the Forefront of Nutrition Education</u> This session will include a summary of the conference from Helen’s perspective including an interactive discussion about EFNEP’s future direction. <i>Helen Chipman, National Program Leader, USDA-NIFA (presenter)</i></p>
<u>Session XI:</u>	<p><u>Committee Updates: A Frontier for Program Sustainability</u> Hear from six committees who are working to further the work of EFNEP. Participants in this interactive session will remain abreast of committee developments and see the type of committee activities that help to sustain EFNEP. <i>Dorothy Wilson, State Program Leader, Langston University (moderator)</i></p> <ul style="list-style-type: none">• NIFA Nutrition and Health Committee for Program Guidance - <i>Susan Baker, Associate Professor, EFNEP Coordinator, PI-SNAP-Ed, Colorado State University</i>• NC1169 - <i>Wanda Koszewski, Extension Nutrition Specialist, University of Nebraska</i>• EFNEP Research Committee - <i>Janie Burney, Professor/Nutrition Specialist/EFNEP Coordinator, University of Tennessee</i>• Food Substitution Project - <i>Connie Schneider, Director - Youth, Families, and Communities Statewide Program, University of California</i>• Western Region Update: Training Materials - <i>Karen Barale, State EFNEP Leader and Extension Educator, Washington State University</i>• EFNEP.org – <i>Melissa Maulding, Interim Family Nutrition Program Director/ EFNEP Coordinator, Purdue University</i>
<u>Session XII:</u>	<p><u>EFNEP: Facing New Frontiers</u> EFNEP has been changing people’s lives for almost 45 years, but it’s only been in the past several years that it has made an impact in some of our most underserved communities. This highlight will allow us a look into some of our most recently funded programs - the 1890 communities. Through their eyes we will see how EFNEP has reached new frontiers and how it has made a difference in the lives of so many. <i>Virginie Zoumenou, Assistant Professor/Extension Nutrition Specialist, 1890 FCS Program Leader/EFNEP Coordinator, University of Maryland, Eastern Shore (moderator)</i> <i>Kristopher Grimes, State Specialist for Nutrition and Nutrition Education, Kentucky State University (presenter)</i></p>

Presenter Bios

(Alphabetical by first name)

Ashley Fondren, CEHS

Coordinator of Office of Nutrition Education, Mississippi State University

anp44@fsnhp.msstate.edu

Ashley Fondren became the coordinator of the Office of Nutrition Education (EFNEP and SNAP-Ed, FNP) at Mississippi State University in June 2010. She began her career with Cooperative Extension in 2008 as a graduate assistant and after graduation, an Extension Associate with the National leadership team for the eXtension Families, Food and Fitness Community of Practice. She worked with the team to obtain certification and later develop a social media strategy to engage FFF's target audience, parents and caregivers of young children. She then worked as the project coordinator for a 12 week healthy lifestyle program, Mississippi In Motion. The program was successfully implemented in schools throughout the state and a medical facility as a wellness program for employees and parents of students. The FFF CoP was used as an online social support tool for participants in the face-to-face Mississippi In Motion program. She now hopes to integrate the information created by FFF members as an online tool for nutrition educators to use and promote among their clients. Ashley earned a Bachelor of Science degree from the Mississippi University for Women in Culinary Arts and a Master of Science degree from Mississippi State University in Health Promotion. In 2010, she became a Certified Health Education Specialist. She resides in her hometown, Ackerman, MS, with her husband, Chad and 2 year old son, Noah.

Ben Chamberlain, MSW

Associate Program Leader, SNAP-Ed & EFNEP, Michigan State University

chambe84@anr.msu.edu

Ben Chamberlain, MSW is the State Coordinator for EFNEP and SNAP-Ed programming at Michigan State University Extension. He has been working with federal grants since 1983. His expertise is in the administration of non-profit programs and working with low income and underserved children and families. Ben is working on a variety of research projects in the field of nutrition education and food security. He has been serving as the Co-Chair of the national EFNEP Multi-state Youth Evaluation Survey Project since 2011. Ben is the Project Coordinator for the Eat Smart Live Strong Demonstration and Evaluation Project for older adults. He is also a team member of the Michigan Cost Benefit Analysis of SNAP-Ed and EFNEP Project, the Michigan "I Know MI Numbers" Obesity Prevention Project for low income adults in Saginaw and Genesee Counties, and the Great Lakes Health HUB Built Environment and Food Security Project.

Betsy Johnson, MPH

Extension Educator in Health & Nutrition, University of Minnesota Extension

john3064@umn.edu

Betsy Johnson has worked in health promotion and disease prevention for nearly 30 years and is currently in her fifth year as an Extension educator in health and nutrition with the University of Minnesota. She holds a Bachelor's degree in physical education and a Masters degree in public health policy and administration, both from the University of Minnesota. She serves as a physical activity content expert for the University of Minnesota Extension's Simply Good Eating nutrition education program.

Connie Schneider, PhD, RD

Youth, Families, and Communities Director, University of California, Agriculture and Natural Resources
cschneider@ucdavis.edu

Connie Schneider received her undergraduate degree in Dietetics and Nutrition at Florida International University, Miami and earned her doctorate at Oregon State University in Nutrition and Food Management. She is a registered dietitian, certified in child and adolescent weight management by the American Dietetic Association and has over 25 years of experience working in the areas of obesity, chronic disease, hunger, food safety, and food systems management. Evaluation, literacy, marketing and media are favorite research areas. Connie has worked for the University of California, Agriculture and Natural Resources (ANR) in several positions and served EFNEP as a county advisor for five years. Currently she is the Director for ANR's Statewide Youth, Families, and Communities Director with responsibilities for EFNEP and 4-H.

Dionne Toombs, PhD

Director, Division of Nutrition, USDA - NIFA
dtoombs@nifa.usda.gov

Dr. Dionne Toombs is the Director for the Division of Nutrition in the Institute of Food Safety and Nutrition. She provides national leadership for research, extension, and education programs within the division and the Agriculture and Food Research Initiative (AFRI) nutrition programs. She leads the division in advancing science in subject matters appropriate to division programs. Dr. Toombs is a Nutritionist and leads various activities for Human Nutrition programs at NIFA that foster the development of regional priority setting of projects to address critical needs.

Eunice Bonsi, MS, PhD

State Program Leader/Specialist and Associate Professor, Tuskegee University
ebonsi@mytu.tuskegee.edu

Eunice Bonsi's national and international research and extension expertise includes applied food product development and recipe modification. She teaches graduate school on global issues in foods and nutrition. Research areas of expertise are nutritional impact of family eating behavior, feeding practices and the effect on overweight and obesity. She has leadership and expertise as the State Program Leader/Specialist in Family Life/Nutrition programs in Extension, working with county agents to implement family life, foods and nutrition programs. She is also the state coordinator of the Expanded Foods and Nutrition Education Program (EFNEP) and Children and Youth At Risk (CYFAR) programs at TU. She received her MS from Washington State University, and her PhD at Penn State University. She has been working with Tuskegee university since 1990.

Gail Hanula, PhD, RD, LD

EFNEP Coordinator and Extension Nutrition Specialist, The University of Georgia
ghanula@uga.edu

Gail M. Hanula is a member of the graduate faculty of the Department of Foods and Nutrition at The University of Georgia. In her role as Extension Nutrition Specialist, she provides continuing education and develops resources for County Extension Agents in Family and Consumer Sciences and 4-H and provides leadership for the Expanded Food and Nutrition Education Program. Hanula is the author or co-author of several curricula, including EFNEP Food Talk, Walk-a-Weigh, and 4-H Nutrition and Healthy Lifestyles, and she played an instrumental role in the development of the NEERS5 reporting system for USDA. She was elected to the Nominating Committee of the Society for Nutrition Education in 2012, and is a past president of the Georgia Nutrition Council and the Northeast Georgia Dietetic Association. She holds a Ph.D. in Health Promotion and Behavior from the University of Georgia's College of Public Health.

Helen Chipman, PhD, RD

National Program Leader, USDA - NIFA
hchipman@nifa.usda.gov

For the past nine years, Dr. Chipman has provided national leadership to Land-Grant Universities that conduct low-income nutrition education. In this capacity, she has served as a liaison among universities and federal agencies and has fostered shared understanding across organizational systems and structures. Additionally, she has given leadership to the development of a socio-ecological program management and reporting system, paraprofessional core competencies, and two national reports. Prior to taking on these responsibilities, Dr. Chipman provided administrative leadership for the Expanded Food and Nutrition Education Program (EFNEP), Food Stamp Nutrition Education (FSNE) and its associated state nutrition network, and had teaching, advising, and research responsibilities as an extension specialist and professor at South Dakota State University. Dr. Chipman is a member of the American Dietetic Association, American Society for Nutrition, and the Society for Nutrition Education. She chairs the Journal Committee for the Journal of Nutrition Education and Behavior. She has given numerous refereed and invited presentations at regional and national meetings and one international meeting on topics as diverse as risk communication, community needs assessment, program management, theory, logic models, and program evaluation. Her publications focus primarily on low-income nutrition education programming and risk communication. Dr. Chipman received a PhD in Food Science and Human Nutrition from Colorado State University, Fort Collins Colorado, with an emphasis in applied nutrition education.

Heli Roy, PhD, MBA, PD

Associate Professor, Louisiana State University AgCenter
hroy@agcenter.lsu.edu

Dr. Roy received her undergraduate degree in Human Nutrition from Syracuse University, Syracuse, NY. She received her Master's degree in Human Ecology with a major in Nutrition, and her PhD from LSU School of Human Ecology. She did her dissertation work at the Pennington Biomedical Research Center on body composition and energy expenditure. She has worked as a public health nutritionist in the WIC program and she was a faculty member at the University of Alabama from 1998 to 2001 where she taught both undergraduate and graduate courses. She joined the LSU AgCenter in 2001 as an Associate Professor and as an Expanded Food and Nutrition Education Program coordinator. Currently she heads a statewide nutrition program at the LSU Extension Service and is an outreach coordinator at the Pennington Biomedical Research Center, an obesity research center.

Jackie Haven, MS, RD

Director, USDA - CNPP

jackie.haven@cnpp.usda.gov

Jackie Haven is the Director of the Nutrition Marketing and Communication Division at USDA's Center for Nutrition Policy and Promotion. In that capacity, she is responsible for the development, management, and promotion of nutrition programs and information to help Americans make healthier food choices based on the Dietary Guidelines for Americans. Ms. Haven has been with USDA for 20 years. Currently she is responsible for the new MyPlate icon, the ChooseMyPlate.gov website and the recently launched SuperTracker interactive tool to help consumers track and plan their diets and physical activities. Prior to joining USDA, Ms. Haven served as the Director of the Weight-control Information Network (WIN) for the National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases as a contractor with Matthews Media Group. Ms. Haven began her career as a nutritionist in private practice providing nutrition counseling services to individuals and corporate clients including a leading pharmaceutical company and a major supermarket chain. She holds an M.S. degree in clinical nutrition from New York University and a B.A. in psychology and marketing from the State University of New York at Albany. She is a Registered Dietitian.

Janie Burney, PhD, RD

Professor, The University of Tennessee

jburney@utk.edu

Dr. Burney provides statewide leadership for nutrition and food safety Extension programs in Tennessee and provides expertise in general nutrition, maternal and child nutrition, consumer food safety, and home food preservation. She has served as the EFNEP Coordinator for The University of Tennessee for 22 years, facilitates the National EFNEP Research Committee and is part of the EFNEP Behavior Checklist Subcommittee. She is a member of the Families, Food & Fitness Community of Practice and the Food Safety Community Practice in eXtension. She currently serves as co-PI on two grants, one is a food safety program for seventh graders called "Hands On" and the other is called "Baby Mine." Baby Mine focuses on how mothers with young infants prepare formula, when they introduce solid foods, and how these behaviors impact the risk for childhood obesity.

Jason Eichelberger,

Interim Director of IT, Clemson University, Youth Learning Institute

Jason serves as the Interim Director of Information Technology for Clemson University's Youth Learning Institute (<http://www.clemson.edu/yli>), where he has been employed for the past 5 years. His duties there include: managing IT resources, development of customized data and reporting applications, and general web development. Jason began working with EFNEP in 2009, when Clemson University was awarded a grant for the development of a new web based reporting system. Jason graduated from Columbia International University with a degree in Theology and Communications in the spring of 2006.

Joyce R McDowell, MS

Associate Professor and Leader, Community Nutrition Projects, The Ohio State University
mcdowell.1@osu.edu

I have been actively involved with OSU Extension's community nutrition programs targeting low income individuals, youth and adults, throughout my professional career. My teaching and research interests are program development for front line teaching staff, nutrition education program evaluation, and addressing the issue of childhood obesity through community nutrition program interventions. I have been co-Principal Investigator or Principal Investigator of Ohio's Supplemental Nutrition Assistance Program Education (SNAP-Ed) since 1994 and Leader of Ohio Expanded Food and Nutrition Education Program (EFNEP) since 2005. I use my leadership skills and a team-building approach in SNAP-Ed and EFNEP's youth and adult education programs to recruit, hire, train, coach and supervise staff so that the respective project's guidelines are met; to implement the program at the community level with a participatory approach; and to plan program evaluation so that outcomes and impacts are reportable to the funder(s).

Karen Barale, MS, RD, CD, FADA

Extension Educator, Washington State University Extension
kbarale@wsu.edu

Karen Barale is the Washington State EFNEP Leader and Extension Nutrition Faculty for Pierce County, Washington. Her main County program responsibilities include EFNEP, SNAP Ed and the People's Garden School Pilot Project Grant. She is a member of the NC1169 Multi-state project, focused on EFNEP related research, program evaluation and outreach. Karen earned a B.S. in Home Economics from Washington State University and an M.S. in Nutrition from the University of Washington. She is a Registered Dietitian and Fellow of the American Academy of Nutrition and Dietetics. In her spare time, she likes to cook, knit and garden. Karen also manages a small Christmas tree farm and a few bee hives.

Kris Grimes, PhD

State Specialist for Nutrition and Nutrition Education, Kentucky State University
kristopher.grimes@kysu.edu

Dr. Grimes is the State Specialist for Nutrition and Nutrition Education at Kentucky State University and the PI for the Center for Family Nutrition and Wellness Education (CFNWE). The CFNWE focuses on research and education in nutrition, physical activity, and disease for at-risk families in the Commonwealth. Dr. Grimes obtained his BS from Centre College majoring in Biochemistry/Molecular Biology and Religious Studies and a PhD in Nutritional Sciences from the University of Kentucky. During his graduate work, he studied the augmentation of metabolic activities involved in nutrition, combined with radiation therapy, for the treatment of lung cancer. Passion for education and his experience working with youth and families have focused his current research and Extension activities on behavioral aspects of nutrition and the impact on health and wellness. At Kentucky State University, EFNEP is the primary foundation of nutrition education for targeted youth and families within the CFNWE.

Linda Drake, MS

EFNEP Director, University of Connecticut

linda.drake@uconn.edu

Linda Drake holds a B.A. in English and a M.S. in Nutritional Sciences both from the University of Connecticut. She has worked for the University of Connecticut since September 1970, and currently serves as Program Director for EFNEP. She also manages the food security project with the CT SNAP-Ed program. Linda works on many different projects at the state and national level including serving on several national EFNEP committees and on the NIFA/AFRI proposal review panel. She is President-elect for the international Society for Nutrition Education and Behavior, and will assume the Presidency at the annual conference in July, 2012. Linda is a member of the Board of Directors for End Hunger Connecticut!, Inc., and has been involved in the anti-hunger movement in Connecticut since the mid 1970's. She is also Chair of the CT Food Policy Council.

Linda Melcher, MS, RD

Nutrition Education Consultant, Self-employed

lindamelcher1211@gmail.com

Linda Melcher started her career with the University of Wyoming Cooperative Extension Service as program coordinator for EFNEP, which served three Wyoming counties. She secured funding from the Supplemental Nutrition Assistance Program (SNAP) to expand the program statewide. The Cent\$ible Nutrition Program (CNP) emerged as the title for both EFNEP and SNAP Education. In 2005, USDA recognized CNP as a Program of Excellence. She spent five years as a nutritionist with USDA, Food and Nutrition Service, SNAP. From there, she continued with USDA, FNS, Office of Research and Analysis where she worked on national nutrition messages. Honors: EFNEP Champion. Wyoming Dietetic Association Outstanding Dietitian. Soroptimist Club Women Helping Women Award. University of Wyoming College of Agriculture Outstanding Alum. Education: Registered Dietitian, 1989. Master of Science, Home Economics from the University of Wyoming, 1984. Bachelor of Arts, Home Economics Education, University of Northern Colorado, 1969.

Lisa Sullivan-Werner, MS

SNAP-Ed and EFNEP Leader, Interim NEP Director, University of Massachusetts

lwerner@umext.umass.edu

Lisa Sullivan-Werner received her BS in Foods and Nutrition at the University of Maine at Orono and her MS in Human Nutrition, minor in Sociology from Cornell University. Over the years she has lived and worked in Maine, Pennsylvania, Missouri, and New York, with a focus on leading and managing programs that serve low income audiences and communities. She came to the University of Massachusetts in 1998 as FNP Leader and transitioned into leading both FNP (SNAP-Ed) and EFNEP in 2003. She likes/dislikes that each day brings a different challenge managing these programs and hopes for stability in SNAP-Ed program regulations at some point. She recognizes that she should be careful what she wishes for. She is married, has survived her two children's teenage years, and is a proponent of meditation, physical activity, and mindfulness for coping with all that life sends her way.

Maria Carmen Lambea, MPH, CHES

EFNEP Program Director, The Ohio State University

lambea.1@osu.edu

Maria Carmen Lambea was trained as an MD in Mexico, where she worked as a physician for 6 years, with Mexican population of different socio-economic and educational levels, from urban and rural areas. She received a Master of Public Health degree from the Ohio State University with emphasis in the area of Health Behavior and Health Promotion. After receiving her MPH degree, she worked for four years in a nonprofit agency as a health educator and public health professional implementing health education programs in the Latino community in Columbus, Ohio. For two years, she worked as Research Associate in the department of Human Nutrition at The Ohio State University, when she was involved in research related to food security and nutrition in Latino population groups in Ohio. In 2006 she started working as the Ohio Expanded Food and Nutrition Education Program Director.

Melissa Maulding, MS, RD

Nutrition Education Programs Interim Director, Purdue University

mmaulding@purdue.edu

Melissa has worked for Purdue Extension since 2003 when she started her career as an Extension Educator. She has worked with SNAP-Ed/EFNEP since 2005. She earned both her B.S. and M.S. in FCS/Dietetics from Eastern Illinois University and enjoys sitting on their alumni board of advisors. Melissa just earned her M.A. in Biblical Counseling at Faith Seminary and enjoys volunteering at her church counseling center.

Ralph Otto, BS, MS, PhD

Deputy Director, USDA - NIFA

rotto@nifa.usda.gov

Dr. Ralph A. Otto serves as the Deputy Director of the National Institute of Food and Agriculture within USDA. In this position, he gives leadership to policy and programs that work through the university system to bring new knowledge to the American people. Dr. Otto has been with USDA since 1980, and has worked in both international and domestic agencies. He has degrees in wildlife biology from Rutgers and Virginia Tech, and was a Peace Corps Volunteer in Malaysia.

Robert E. Holland, DVM

Assistant Director, Institute of Food Safety and Nutrition, USDA - NIFA
rholland@nifa.usda.gov

Dr. Holland is currently the Assistant Director of the Institute for Food Safety and Nutrition at the National Institute of Food and Agriculture (NIFA) within the U.S. Department of Agriculture. He has had a long history with the Land Grant Universities receiving his B.S. from Virginia State University, his D.V.M. from Tuskegee University, and his M.S. from Michigan State University. He completed his Clinical Instructor/ Internship at VA-MD Regional College of Veterinary Medicine, and his Clinical Residency and Post Doctoral Fellowship at Michigan State University. Dr. Holland served as Professor within the Department of Large Animal Clinical Sciences and the Food Safety and Toxicology Program, Michigan State University; Executive Officer of the Department of Veterinary Diagnostic and Production Animal Medicine, College of Veterinary Medicine, Iowa State University; and as Chair of the Department of Large Animal Clinical Sciences and Director of The Large Animal Veterinary Teaching Hospital, College of Veterinary Medicine, The University of Tennessee, Knoxville before accepting the position of Assistant Director at NIFA. His scientific interests include: applied field based research in infectious diseases of dairy cattle; in vivo and in vitro studies on Salmonella spp. E. coli spp. and Cryptosporidium parvum; and development of food animal models for pharmacokinetic and pharmacodynamic studies that lead to the approval of drugs for food producing animals.

Roxie Rodgers Dinstel, MS

Program Leader HHFD, University of Alaska - Fairbanks, Cooperative Extension
rrdinstel@alaska.edu

Roxie Rodgers Dinstel has worked with Cooperative Extension for more than 30 years in four states: Texas, Oklahoma, Montana and now in Alaska. She has served as the Tanana District Extension Agent in Fairbanks for 17 years. She is program coordinator for the Alaska Nutrition Education Program (SNAP-Ed) and has just taken over the EFNEP program last July. Roxie graduated from Eastern New Mexico University with a BS in Home Economics and Business; and earned her MS from Texas Woman's University in Home Economics Education. She is currently in the final stages of earning her PhD from the University of Alaska Fairbanks in Family Economics. She wrote, produced, and edited a series of Food preservation DVDs and online lessons called Preserving Alaska's Bounty and has done research on the antioxidants in Alaska's Wildberries.

Stephanie M. Blake, MA

Program Specialist, USDA - NIFA
sblake@nifa.usda.gov

Stephanie Blake began her tenure at the U.S. Department of Agriculture as an intern in the Office of Planning and Accountability in 2004. After receiving her Master's Degree in Social Psychology at American University she accepted a full time Social Science Analyst position. She had major responsibilities working with National Program Leaders across the agency to complete the Portfolio Review Expert Panel (PREP) process and the Program Assessment Rating Tool (PART) as required by the Office of Management and Budget (OMB). In May of 2006, she was offered a position as a Program Specialist for the Expanded Food and Nutrition Education Program (EFNEP). Over the past five years her major responsibilities have included: providing national guidance and leadership for the program; analyzing data, program plans, and budgets; preparing national impact reports; providing technical support; responding to program and policy related questions; and providing leadership for the development of the new web-based evaluation and reporting system.

Susan S. Baker, EdD

Associate Professor/Extension Specialist for EFNEP and SNAP-Ed, Colorado State University

susan.baker@colostate.edu

Dr. Susan Baker is currently an Associate Professor/ Extension Specialist in the Department of Food Science and Human Nutrition at Colorado State University. She also serves as the EFNEP and SNAP-Ed Coordinator for Extension in Colorado. The training and development of paraprofessional nutrition educators is one of Susan's passions. She coauthored a book entitled *Maximizing Paraprofessional Potential*. More recently, Dr. Baker led the development of a comprehensive nutrition education curriculum for use by paraprofessional nutrition educators entitled *Eating Smart • Being Active*. The curriculum is currently being used by more than 40 US states and territories. Dr. Baker's research interests include nutrition education methodologies and the evaluation of nutrition education interventions with low-income women of childbearing age, and breastfeeding education and support. She has led multiple nationally-funded grant interactions and peer-reviewed publications in each of these areas.

Wanda Koszewski, PhD, RD

Associate Extension Professor, University of Nebraska-Lincoln

wkoszewski1@unl.edu

Dr. Wanda M. Koszewski (Ko Chef ski) is an Associate Extension Professor and Dietetic Internship Director at the University of Nebraska-Lincoln. She completed the Coordinate Program in Dietetics at Utah State University in Logan, Utah and her master's degree at the University of Nebraska. Her PhD is from Kansas State University with an emphasis in nutrition education. Her research focus is in the area of nutrition education. She currently directs two large nutrition education programs for the state of Nebraska; EFNEP and SNAP-ED. The Nebraska SNAP-ED program has been recognized nationally for its excellence in partnerships, program delivery and evaluation. She is the Co-Chair for the multi-state extension/research project NC1169 focusing on the impact of EFNEP on the quality of life of its participants and staff. This past year she was received two AFRI grants focused on childhood obesity prevention.

Neighborhood Map

