

FY2010: NIFA - National Data

The Expanded Food and Nutrition Education Program (EFNEP)

SYSTEM DATA

Funding Amount: \$68,070,000

Reporting Period: 10/1/2009 – 9/30/2010

Number of Units: 913

ADULT DATA

Total Adults: 137,814

Total Other Family Members: 378,718

Mean # of Months (Graduates): 3.4

Mean # Lessons (Graduates): 8.4

Mean # Contacts (Graduates): 6.8

Program Status	#	%
Active	24,124	18%
Graduated	90,113	65%
Terminated	23,577	17%
Gender/Maternal	#	%
Male	14,330	10%
Female	123,484	90%
Pregnant	15,017	11%
Nursing	4,357	3%
Not Pregnant, Not Nursing, No Children	14,103	10%
Residence	#	%
Farm	2,121	2%
Towns under 10,000 & rural non-farms	24,053	17%
Towns & cities 10,000 to 50,000 & their suburbs	28,096	20%
Suburbs of cities over 50,000	8,976	7%
Central cities over 50,000	74,568	54%
Poverty	#	%
< or = 50% of poverty	53,688	39.00%
51 – 75% of poverty	20,055	14.60%
76 – 100% of poverty	12,395	9.00%
101 – 185% of poverty	10,897	7.90%
185% or more	2,135	1.50%
Income not provided	38,644	28.00%

ADULT DATA (contd.)

Instruction Type	#	%
Group Lessons	114,620	83%
Individual Lessons	16,798	12%
Group & Individual Lessons	6,083	4%
Other	313	0%

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	37,024	27%	32,307	23%	2,045	1%	71,376	52%
African American	32,811	24%	1,115	1%	2,448	2%	36,374	26%
American Indian or Alaska Native	2,673	2%	2,019	1%	108	0%	4,800	3%
Asian	3,048	2%	82	0%	169	0%	3,299	2%
Native Hawaiian or Other Pacific Islander	982	1%	135	0%	1,338	1%	2,455	2%
Multiple Races Identified	1,778	1%	591	0%	94	0%	2,463	2%
Race Not Provided	892	1%	15,389	11%	766	1%	17,047	12%
TOTAL	79,208	57%	51,638	37%	6,968	5%	137,814	100%

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

Public Assistance Program	Entry		Exit*	
	#	%	#	%
Total enrolled in one or more Food Assistance Program	106,451	77.20%	6,402	4.60%
Women, Infants and Children (WIC)	61,729	45%	1,453	1%
Supplemental Nutrition Assistance Program (SNAP)	71,565	52%	1,914	1%
Food Distribution Program on Indian Reservations (FDPIR)	815	1%	92	0%
The Emergency Food Assistance Program (TEFAP)	5,278	4%	1,933	1%
Head Start	13,109	10%	965	1%
Child Nutrition	43,860	32%	2,340	2%
TANF	18,332	13%	900	1%
Other Federal Assistance	15,952	12%	1,995	1%

*Exit data represents any new public assistance a participant began receiving during EFNEP/as a result of participating.

ADULT IMPACT DATA - DIET RECALLS

with both Recalls: 88,734

% of Graduates with both Recalls: 99%

Food Group	Entry	Exit	Change
Grains	5.7	5.7	0
Fruits	0.9	1.4	0.5
Vegetables	1.4	1.7	0.4
Milk	1.2	1.6	0.4
Meats	4.8	5	0.2
Oils	28.1	25.5	-2.6

% with Positive Change in 1 or more Food Group: 94.30% (n=71,421)

% with Positive Change in Physical Activity Level: 29.60% (n=68,641)

Total Cost Savings: \$912,232.83 (n=52,545)

Average Cost Savings: \$17.40 (n=52,545)

Healthy Eating Index (HEI) Category	Entry	Exit	Change
Fruit	2.8	4	1.2
Vegetable	3.7	4.3	0.7
Grains	5.9	6	0.1
Meat & Beans	5.7	6	0.3
Milk	2.9	3.7	0.8
Total Fat	4.9	5.3	0.4
Saturated Fat	5.2	5.5	0.3
Sodium	5.6	5.4	-0.2
Cholesterol	6.3	6.2	-0.1
Variety	4.8	5.9	1.1
Total HEI	47.8	52.5	4.7

ADULT IMPACT DATA - BEHAVIOR CHECKLISTS

with both Checklists: 87,835

% of Graduates with both Checklists: 98%

Improvement in one or more Practice	# Improved	# Responded	% Improvement
Food Resource Management Practice	63,757	76,071	84%
Nutrition Practice	62,901	70,977	89%
Food Safety Practice	51,480	76,710	67%
Physical Activity Practice	10,252	20,930	49%

YOUTH DATA

of Youth Groups: 17,282

Total # of Youth: 463,530

Youth in Other 4-H Programs: 38,466

Mean # Months: 5

Mean # Meetings: 5.5

Mean # Contact Hours: 7.2

Gender	#	%
Male	230,241	50%
Female	233,289	50%
Residence	#	%
Farm	8,693	2%
Towns under 10,000 & rural non-farms	133,620	29%
Towns & cities 10,000 to 50,000 & their suburbs	87,060	19%
Suburbs of cities over 50,000	35,744	8%
Central cities over 50,000	198,413	43%
Race	#	%
White	241,590	52%
African American	145,766	31%
American Indian or Alaska Native	12,043	3%
Asian	8,686	2%
Native Hawaiian or Other Pacific Islander	5,320	1%
Multiple Races Identified	13,332	3%
Not Provided	38,114	8%
Ethnicity	#	%
Not Hispanic/Not Latino	311,141	67%
Hispanic or Latino	128,060	28%
Not Provided	24,329	5%

YOUTH DATA (contd.)

Grade	# Youth	%
Pre-K, 2yrs	1,016	0%
Pre-K, 3yrs	10,878	2%
Pre-K, 4yrs	34,174	7%
Kindergarten	43,099	9%
Grade 1	51,825	11%
Grade 2	53,713	12%
Grade 3	73,851	16%
Grade 4	65,239	14%
Grade 5	51,295	11%
Grade 6	25,381	5%
Grade 7	15,437	3%
Grade 8	13,773	3%
Grade 9	5,214	1%
Grade 10	4,790	1%
Grade 11	5,000	1%
Grade 12	3,577	1%
Special Education	5,268	1%
Delivery Mode	# Groups	%
4-H Club Membership	1,843	11%
4-H Special Interest/Short-Term Program	3,301	19%
4-H Camping Programs	174	1%
School Enrichment Programs	11,205	65%
After-School Programs Using 4-H Curricula/Staff Training	722	4%
Instructional TV/Video/Web Programs	-	0%

YOUTH IMPACT DATA

Youth Impact Indicators	# Responded	% Improvement
Now eat a variety of food	101,237	61%
Increased their knowledge of the essentials of human nutrition	132,250	62%
Increased their ability to select low-cost, nutritious foods	103,943	57%
Improved their practices in food preparation and safety	124,622	54%

STAFF DATA

Staff Type	#	FTE	Youth FTE	% Youth	Adult FTE	% Adult
Professionals	473	107.7	34.6	32%	73.1	68%
Paraprofessionals	1,695	973.1	251.5	26%	721.6	74%
Volunteers	28,268	293.8	183.3	62%	110.5	38%
Total	30,436	1374.6	469.4	34%	905.2	66%

Volunteer Roles	#	%
Former Participant	3,786	13%
Instructs	9,805	35%
Advises	835	3%
Educational Role	14,536	51%
Supports Programming	20,656	73%
Mid-level Manager	1,654	6%

Note: Volunteers may have more than one role.

Race and Ethnicity	Not Hispanic/ Not Latino		Hispanic or Latino		Ethnicity Not Provided		Totals	
	#	%	#	%	#	%	#	%
White	15,032	49%	3,738	12%	512	2%	19,282	63%
African American	7,215	24%	136	0%	444	1%	7,795	26%
American Indian or Alaska Native	209	1%	101	0%	12	0%	322	1%
Asian	211	1%	6	0%	48	0%	265	1%
Native Hawaiian or Other Pacific Islander	92	0%	8	0%	45	0%	145	0%
Multiple Races Identified	127	0%	45	0%	8	0%	180	1%
Race Not Provided	97	0%	1,918	6%	432	1%	2,447	8%
TOTAL	22,983	76%	5,952	20%	1,501	5%	30,436	100%

Note: Percentages are rounded values so the sum of the individual percentages may not add up exactly to the totals.

INTERAGENCY COOPERATION DATA

% of Units Reporting: 92% (n=842)

% of WIC Offices Served: 47% (n=835)

% of SNAP Offices Served: 49% (n=487)

Agreements and Coalitions: 5,135

Total Dollars: \$198,064,713