

Selecting a Youth Evaluation Tool from the Collection Associated with Y-NEERS

July, 2005

Click on the “Maintain Questions” button on main menu to view a list of the currently available tools. Answer the following questions to help you decide on a tool that is best to meet your needs for a specific group or teaching event.

1. Is the educational program Short-term--to increase the Knowledge of the learners; **OR** is it Longer-term with a goal to change the Behavior of the learners?
 - Short-term: brief, or one- or two-time sessions with learners to increase the Knowledge of the learners.
→ If you checked “Short-term”—Look under the columns labeled “Prime” and “2nd” to find Tools within the Knowledge Change Domains:
 - FPK (Food Prep Knowledge/Attitudes)
 - FRK (Food Res Mgmt Knowledge/Attitudes)
 - FSK (Food Safety Knowledge/Attitudes)
 - NUK (Nutrition Knowledge/Attitudes)
 - PHK (Physical Activity Knowledge/Attitudes)
 - OTK (Other Knowledge/Attitudes)
 - Longer-term: three or more sessions over a period of several weeks to help learners change Behaviors.
→ If you checked “Longer-term”— Look under the columns labeled “Prime” and “2nd” to find Tools within the Behavior Change Domains:
 - FPB (Food Prep Behavior)
 - FRB (Food Res Mgmt Behavior)
 - FSB (Food Safety Behavior)
 - NUB (Nutrition Behavior)
 - PHB (Physical Activity Behavior)
 - OTB (Other Behavior)
2. What is the Content area that you wish to assess?
 - Dietary Quality (basic nutrition, MyPyramid, etc):
→ Select a Tool within the appropriate Nutrition Domain (NUK or NUB)
 - Food Safety:
→ Select a Tool within the appropriate Food Safety Domain (FSK or FSB)
 - Food Resource Management:
→ Select a Tool within the appropriate Food Resource Management Domain (FRK or FRB)
 - Physical Activity:
→ Select a Tool within the appropriate Physical Activity Domain (PHK or PHB)
 - Food Preparation:
→ Select a Tool within the appropriate Food Preparation Domain (FPK or FPB)
 - Other:
→ Select a Tool within the appropriate Other Domain (OTK or OTB)
3. What is the Age of your Learners?
Look under the column labeled “Grade” for information about the specific grade levels for which the Tool or question was designed.
4. Will this Question be appropriate for this particular situation?
When you have found a tool or question that meets the criteria in questions 1 through 3 above, click on the Blue box on the far right side of the screen to jump to the details about that question. Review the information, especially the details under “Description of the Question Use and Development” and the “Web reference.”
5. Assess the degree to which the available tools meet your intended purpose and select the best fit, or develop additional tools to meet this need.

The Whys, Hows, and Wherefores of Youth Evaluation, SNE 2005

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